

DEPARTMENT OF PUBLIC HEALTH



COUNTY OF SAN BERNARDINO

Division of Environmental Health Services:

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Memorial Day Food Safety Reminder

As Memorial Day approaches, San Bernardino County, Environmental Services would like to remind residents about the importance of safe food preparation practices this holiday weekend and throughout the summer. Memorial Day weekend marks the kickoff of summer which includes the traditional barbeques and picnics. By following simple safety measures when preparing food (both indoors and out), residents can significantly reduce the possibility of consuming harmful bacteria that can cause foodborne illness.

There are numerous causes and types of foodborne illness. Educate yourself! Avoiding and preventing foodborne illness is as easy as having a little knowledge about proper and safe food preparation. Learn the basics about thawing, marinating, transporting, cooking and handling of leftovers.

To learn more about safe food handling practices, contact the San Bernardino County, Department of Public Health, Environmental Health Services at (909) 884-4056 or visit our website at www.sbcounty.gov/dehs.

GREGORY C. DEVEREAUX
County Administrative Officer

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